



GRAY INSTITUTE®

3DMAPS

**MOVEMENT ANALYSIS
& PERFORMANCE
SYSTEM**

NEW & INNOVATIVE FROM GRAY INSTITUTE®...

3DMAPS (3D Movement Analysis & Performance System) is the most innovative and comprehensive certification available that empowers you to analyze the entire three-dimensional Chain Reaction® function of the human body, as well as equips you with a powerful, ongoing performance system.

**LEARN MORE AT
WWW.GRAYINSTITUTE.COM**

APPLIED FUNCTIONAL SCIENCE®

TO REGISTER AND VIEW OTHER LIVE DATES GO TO GRAYINSTITUTE.COM



www.grayinstitute.com



5353 West US 223 Suite B Adrian, MI 49221



866.230.8300 / 517.266.4653



**THE MOST INNOVATIVE WAY
TO EFFECTIVELY ANALYZE THE FUNCTION OF
THE ENTIRE BODY...**

OVERVIEW

3DMAPS is the most innovative way to effectively analyze the function of the entire body in an efficient, revealing, and evidence-based manner. This certification equips you, the movement professional, with the content, competence, and confidence to meet the needs, wants, and goals of all of your patients and clients. Unlike any other movement screen, 3DMAPS is a movement analysis and performance system that efficiently analyses the three-dimensional movements and abilities of all individuals in all of human function. 3DMAPS boils down all of human movement (the three-dimensional interaction of joints, muscles, and proprioceptors) into 6 Vital Transformational Zones, adapts these movements within Mobility Analysis Movements (assessing range of motion) and Stability Analysis Movements (assessing control of motion), and empowers you to then prioritize the best and most logical progressions in serving your patients and clients better.

CONTENT

**8+ HOURS OF ONLINE,
PROFESSIONALLY-DEVELOPED & DELIVERED
VIDEO ASSETS OF 3DMAPS CONTENT**

- Applied Functional Science® / Science of Movement Functional Spectrum
- Principle-Strategy-Technique Process
- Applied Functional Science® Nomenclature
- 6 Vital Transformational Zones
- 6 Chain Reactions®
- Mobility Analysis Movements
- Stability Analysis Movements
- Biomechanics of Primary Complexes
- Range of Motion / Shape of Analysis Movements
- Control of Motion / Quality of Analysis Movements
- Relative Success Spectrum
- Analysis & Documentation
- 14 "Mostability" Performance Progressions / Matrices

ONGOING ASSETS

- Exclusive Access to 3DMAPS Exercise Library & App
- Continued Educational Support via GrayInstitute.com

FOR MOVEMENT PROFESSIONALS

3DMAPS is designed and created for all professionals in the Movement Industry, no matter the background nor the specialty. 3DMAPS is ideal for Analysis, Rehabilitation, Training, and Prevention. Therefore, content applies to, but is not limited to, Physical Therapists, Physical Therapy Assistants, Personal Trainers, Strength and Conditioning Coaches, Physicians, Chiropractors, Athletic Trainers, Osteopaths, Occupational Therapists, Coaches, and anyone else working in the field of Human Movement.

HOW TO BECOME CERTIFIED

Online (over 8 hours of content) or Live (one-day seminar) are the 2 certification offerings. Online is completed at your own pace. Live is a specific date selected when purchasing 3DMAPS. Once enrolled in either offering, you will have immediate access to the online content. This online content will be accessible for a period of 3 years upon purchase. Certification for both offerings is obtained through online testing.

CEUs / CECs

Approval from various organizations will be sought and published online at www.GrayInstitute.com.



www.grayinstitute.com



5353 West US 223 Suite B Adrian, MI 49221



866.230.8300 / 517.266.4653